

## Thesis

de Valois, B (2006) Using acupuncture to manage hot flushes and night sweats in women taking tamoxifen for early breast cancer: two observational studies. Thames Valley University. [Unpublished PhD thesis]

## Book

de Valois B. *Acupuncture and cancer survivorship: recovery, renewal and transformation – a guide for practitioners*. Handspring Publishing Ltd: Pentcaitland, Scotland (to be published 2022). <https://www.handspringpublishing.com/product/acupuncture-and-cancer-survivorship/>

## Book Chapters

de Valois, B. (2007) Acupuncture. In *Enhancing cancer care: complementary therapy and support*, Barraclough, J. (ed). Oxford University Press: Oxford, pp. 85-95.

## Published articles

de Valois B, Young T, Thorpe P, Degun T, Corbishley K. Acupuncture in the real world: evaluating a 15-year NADA auricular acupuncture service for breast cancer survivors experiencing hot flushes and night sweats as a consequence of adjuvant hormonal therapies. *Support Care Cancer*. 2022 Jun;30(6):5063-5074. doi: 10.1007/s00520-022-06898-7. Epub 2022 Feb 26. PMID: 35247073; PMCID: PMC9046325. <https://link.springer.com/article/10.1007/s00520-022-06898-7>

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Hughes J, Cummings M, Filshie J, Kassab S, Leng G, Mackereth P, MacPherson H, de Valois B, Fisher (2018) Ensuring model validity in a feasibility study of acupuncture to improve quality of life in cancer patients undergoing radiotherapy treatment. *European Journal of Integrative Medicine*. 21: 50-52 <https://doi.org/10.1016/j.eujim.2018.06.010>

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<sup>1</sup>de Valois B, Asprey A, Young T (2016) “The monkey on your shoulder”: a qualitative study of lymphoedema patients’ attitudes to and experiences of acupuncture and moxibustion (acu/moxa). *Evidence-based Complementary and Alternative Medicine*. vol. 2016, Article ID

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<sup>1</sup> Runner up in the Scientific Article Prize competition awarded by the International Society of Complementary Medicine Research (ISCMR) 2017. This international competition celebrates the best scientific article in the field of complementary medicine and integrated medicine published in the previous two years.

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