iknow patient information pad

Lymphoedema

PIP535

When you have completed this PIP for your patient, please send it to the Information team at the Lynda Jackson Macmillan Centre LJMC Information team: ext 2544

Favourites

Would you like information? (Patient PIP501)	*LJMC
About my disease	LINIC
Asian Women Cancer Group	*
Treatment: surgery	
Head and neck exercises for lymphoedema	*LJMC
treatment (PI78)	LIVIC
After treatment	
\Box Courses for patients and carers when tmt is	*LJMC
finished (HHC264)	DIVIC
Living with cancer (daily life)	
\square Breast prostheses, bras and clothes after surgery	*BCN
\Box Patient Choice leaflet (home delivery service)	*PtCh
Pelvic floor (PCUK) muscle exercises	*PCUK
Pelvic floor exercises in women (BAUS)	*BAUS
Your guide to a well fitting bra	*BCN
Lymphoedema	
Applying neuromuscular tape (HHC322)	*LJMC
Consensus document on the management of cellulitis in lymphoedema	BLS
Emollients factsheet	*NES
Equipment for patients with lymphoedema (HHC293)	*LJMC
Exercise for lymphoedema of the arm(s)	LNNI
\Box Exercise for lymphoedema of the leg(s)	*LNNI
Hivamat patient Q&A	*PPod
Lymphoedema online support resources	*LJMC
Self lymphatic drainage (breast and chest oedema)	*LTA
\square Self lymphatic drainage (head and neck oedema)	*LTA
Self lymphatic drainage (lower limb)	*LTA
Self lymphatic drainage (upper limb)	*LTA
Understanding lymphoedema	*MCS
Exercise	
Active Herts (referral form)	*
Exercises after groin dissection	*
Harrow: Exercise on referral patient information for GPs	*LBHar
🗌 Move4You	*THF
Physical activity for adults and older adults: 19 and over	DH
Diet	
\Box Eat better	*BHF
Managing weight gain (MVCC dietitians)	*MVCC

Patient details			12/10/2022
Name:			/2022
Hospital no:			
Date of birth:			
Email:			
Info requested by:			
Date of request:			
Ref:	Disp by:	Date:]

Please also supply information on: