

Myeloma

PIP527

When you have completed this PIP, please send it to the Information team at the LJM: LJMInformation.enh-tr@nhs.net or put it in the orange box in Clinic Three.
LJM Information team: ext 2544

Patient details

Name: _____

Hospital no: _____

Date of birth: _____

Email: _____

Info requested by: _____

Date of request: _____

Ref: _____ Disp by: _____ Date: _____

Favourites

- Alert card: chemotherapy *MVCC
- Alert card: immunotherapy *MVCC
- Help with the cost of cancer *MCS
- LJM leaflet *LJM
- What to do after cancer treatment ends: 10 top tips *MCS
- Would you like information...? (Patient PIP) *LJM

About my disease

- CNS leaflet: Haematology (HHC276) *LJM
- Haematological cancers: useful contacts (HHC205) *LJM
- Myeloma - an introduction *MvUK
- Myeloma support groups (infosheet) MvUK
- Smouldering myeloma MvUK
- Understanding myeloma *MCS

Diagnosis

- Staging of myeloma MCS

Treatment: general

- Blood transfusions MCS
- Diabetes and cancer treatment *MCS
- Making treatment decisions *MCS
- Understanding cancer research trials (clinical trials) *MCS
- What you can do if a treatment isn't available MCS
- Your guide to decisions about CPR *NHS

Treatment: biological therapy

- Bortezomib (Velcade®) MCS
- Immunotherapy in myeloma Infosheet MvUK
- Lenalidomide (Revlimid®) MCS

Treatment: chemotherapy

- Central lines MCS
- Implantable ports (portacath) MCS
- PICC lines MCS

Treatment: chemo regimen

- Bortezomib (Velcade®) treatment guide MvUK
- Lenalidomide (Revlimid®) treatment guide MvUK

Treatment: radiotherapy

- Radiotherapy Infosheet MvUK

Treatment: other

- Myeloma bone disease and bisphosphonates Infoguide MvUK
- Pamidronate (Aredia®) MCS
- Zoledronic Acid (Zometa®) MCS

After treatment

- Courses for patients and carers when tmt is finished (HHC264) *LJM
- Life after cancer treatment *MCS

Recurrence & advanced disease

- Coping with advanced cancer *MCS
- Enhanced supportive care (HHC307) *LJM
- Moving on to palliative care (HHC238) *LJM
- Planning ahead *MC
- Planning ahead – An Infopack for myeloma patients MvUK
- Planning ahead for end of life *MCS
- Spiritual and pastoral care (HHC222) *LJM

Symptoms & side effects

- Appetite, loss of (HHC214) *LJM
- Coping with fatigue (tiredness) *MCS
- Hair loss MCS
- Living with tiredness (fatigue) (HHC229) *LJM
- Malignant spinal cord compression [+ card] *MCS
- Managing cancer pain *MCS
- Managing constipation (HHC226) *LJM
- Managing diarrhoea (HHC227) *LJM
- Managing feeling and being sick (nausea) (HHC236) *LJM
- Osteonecrosis of the jaw Infosheet MvUK
- Peripheral neuropathy MvUK
- Peripheral neuropathy MCS
- Preventing blood clots (HHC253) *LJM
- Thrombocytopenia and myeloma Infosheet MvUK
- Trouble sleeping (insomnia) MCS

Living with cancer (daily life)

- Body image and cancer *MCS
- Cinnamon Trust leaflet (pet care) *CT
- CNS leaflet: Social worker (HHC282) *LJM
- Cognitive changes (chemo brain) MCS
- Complementary therapies at MVCC (PI16) *LJM
- Counselling (PI46) *LJM
- Equipment to help at home (HHC294) *LJM
- Facts about alcohol *DA
- Macmillan online community support *MCS
- Patient hints and tips book – The small things that make all the difference *MvUK
- Vaccines and myeloma Infosheet MvUK

Exercise

- Move more (activity pack) *MCS

Finance

- Benefits advice (HHC230) *LJMC
- Help with health costs MCS
- Managing your energy costs *MCS
- Self-employment and cancer *MCS
- Struggling with money *T2Us
- Work and cancer *MCS

Carers

- A guide for young people looking after someone with cancer *MCS
- An Infopack for carers of myeloma patients *MvUK
- Cancer and dementia (a guide for carers) *MCS
- Carers (HHC301) *LJMC
- Looking after someone CarersUK
- Looking after someone with cancer *MCS

Young people (relatives)

- Kelsey and the Yellow Kite [children's book] MvUK
- Preparing a child for loss *MCS
- Talking to children and teenagers when an adult has cancer *MCS
- When your parent has cancer: a guide for teens *NCI
- Young people with a relative or friend with cancer (HHC247) *LJMC

Travel

- Travel insurance and myeloma Infosheet MvUK

Sexuality & fertility

- Cancer and your sex life *MCS
- Cancer treatment and fertility - men *MCS
- Cancer treatment and fertility - women *MCS

Other info: genetics

- Is myeloma an inherited cancer Infosheet MvUK

Please also supply information on: