

How to contact us

The best way to contact us is by telephone on: **07775 010335**

Please leave a message on the voicemail and we will return your call as soon as we can. Please note: this is not an emergency number.

This service is covered:

Monday–Friday 9.00am–4.00pm

If you need emergency medical advice, please contact the **24-hr Acute Oncology Service** on: **07825 028855**

For general enquiries and appointments, call the MVCC Contact Centre tel: 0333 332 5470

Please note: When you start your treatment, potential side effects will be explained to you. If you are having chemotherapy and show signs of an infection, ie, serious cough, breathlessness and/or raised temperature, you should call the 24 hr Acute Oncology Service directly.

Getting more support and information

Visit or call the Lynda Jackson Centre at Mount Vernon Cancer Centre.

The centre is staffed by healthcare professionals and specially trained volunteers who are able to provide support and information on all aspects of cancer and its treatments.

- Drop-in centre
- Telephone Helpline
- Benefits advice
- Pre-treatment visits
- Complementary therapies
- Relaxation classes
- Counselling

Opening hours

Monday–Friday: 9.30am–4.30pm

The Lynda Jackson Centre is situated between the Cancer Centre and Gate 3 (White Hill)

Telephone Helpline: **020 3826 2555**

Website: **www.ljmc.org**

Introducing your nursing service for Primary Breast cancer

**Bhavisha (Esha)
Chudasama**

Cathy Adkins

Clinical Nurse Specialists
for primary breast cancer

Emma Pepper

Breast Cancer Support Nurse

As you are starting treatment at Mount Vernon Cancer Centre, we would like to introduce ourselves to you and explain how we may be able to help you throughout your time in our care.

Our names are **Esha Chudasama, Cathy Adkins** and **Emma Pepper**. We are the specialist nurses with responsibility for patients with primary breast cancer.

Our role is to be a key point of contact for you here at the Cancer Centre. We will be involved in the co-ordination and organisation of your individual treatment programme and work closely with other members of your treatment team.

Starting treatment for cancer can be a confusing and worrying time for you and your family and it is our role to help reduce the stress and anxiety that you may be experiencing.

One of us will usually try to meet you at one of your first appointments at Mount Vernon Cancer Centre. If you are staying in the hospital overnight, please ask one of the nurses to contact us and we will try to visit you on the ward.

We have a number of activities at MVCC designed to support our patient's health and wellbeing before, during and after treatment.

Some run on site, some are offered virtually or by phone and some are available to friends and family members.

The programme is published each month and is available to view using this QR code or at:-



https://ljmc.org/health_wellbeing