



Helpful contacts: Urological cancer: bladder, kidney, prostate

This leaflet is for patients with urological (bladder, kidney and prostate) cancer and provides details of organisations you may find helpful.

For **information and support**, visit or call:

Lynda Jackson Macmillan Centre

Mount Vernon Cancer Centre

Mon–Fri: 9.30am–4.30pm

Telephone: **020 3826 2555**

For details of other local support centres, visit:

www.ljmc.org/information/support-centres

For **urgent advice** about treatment and side effects, call:

Mount Vernon Cancer Centre (MVCC)

24hr Emergency Advice Line: **07825 028855**

For **appointment and other enquiries** call:

0333 332 5470

● Bladder cancer

Bladder & Bowel Community

Provides information and support to people with bladder and bowel control problems.

www.bladderandbowel.org

Fight Bladder Cancer

01844 351621

www.fightbladdercancer.co.uk

● Kidney cancer

Kidney Cancer UK

0800 002 9002

www.kcuk.org.uk

National Kidney Federation

0800 169 0936

www.kidney.org.uk

● Prostate cancer

Orchid

Promotes awareness and funds research of male cancers.

0808 802 0010

www.orchid-cancer.org.uk

Prostate Cancer UK

0800 074 8383

www.prostatecanceruk.org

● Relevant organisations

Hollister Ltd

Provides products for ostomy care and continence care.
0800 521377
www.hollister.co.uk

Urostomy Association

Offers support, reassurance and practical information to anyone who may be about to undergo, or who has already had surgery resulting in a urostomy.
01386 430140
www.urostomyassociation.org.uk

White Rose Collection Ltd

Useful products to make life with a stoma more comfortable including underwear, swimwear and accessories.
0345 460 1910
www.whiterosecollection.com

● General information about cancer

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments.
0808 800 4040
www.cancerresearchuk.org

HealthTalkOnline

Website with videos in which patients share their experiences of cancer.
www.healthtalk.org

Macmillan Cancer Support

Provides information on all aspects of cancer and its treatments including medical, practical and financial issues.
0808 808 0000
www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others.
community.macmillan.org.uk

NHS

www.nhs.uk

● Local support groups

For details of local support groups, look at the 'In your area' section of the Macmillan Cancer Support website:
www.macmillan.org.uk

● After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

HOPE

A course that helps people who have had cancer to move on with life after treatment. It runs for six weeks, 2½ hours a week. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

For dates and details of courses, contact:

Lynda Jackson Macmillan Centre
020 3826 2555