



Urological cancer: bladder, kidney, prostate

This leaflet is for patients with urological (bladder, kidney, prostate and testicular) cancer and provides details of organisations you may find helpful.

For information and support:

Lynda Jackson Macmillan Centre

Mount Vernon Cancer Centre
Mon – Fri: 9.30am – 4.30pm
Telephone: **020 3826 2555**

Lister Macmillan Information Centre

Lister Hospital, Stevenage
Mon – Fri: 10.00am – 4.00pm
Telephone: **01438 284657**

For urgent advice about treatment and side effects:

Call the centre where you are receiving treatment:

Mount Vernon Cancer Centre (MVCC)

24hr Emergency Advice Line: **07825 028855**

Lister Hospital

Mon-Fri 9.00am-5.00pm: **07827 823509**
At other times, call the MVCC number above

For appointment enquiries, contact your consultant's secretary

● Bladder cancer

Bladder & Bowel Community

Provides information and support to people with bladder and bowel control problems.
01926 357220
www.bladderandbowel.org

Fight Bladder Cancer

01844 351262
www.fightbladdercancer.co.uk

● Kidney cancer

Kidney Cancer UK

0800 002 9002
www.kcuk.org.uk

National Kidney Federation

0800 169 0936
www.kidney.org.uk

● Prostate cancer

Orchid

Promotes awareness and funds research of male cancers.
0808 802 0010
www.orchid-cancer.org.uk

Prostate Cancer UK

0800 074 8383
www.prostatecanceruk.org

● Relevant organisations

Hollister Ltd

Provides products for ostomy care and continence care.

0800 521377

www.hollister.co.uk

Urostomy Association

Offers support, reassurance and practical information to anyone who may be about to undergo, or who has already had surgery resulting in a urostomy.

01386 430140

www.urostomyassociation.org.uk

White Rose Collection Ltd

Useful products to make life with a stoma more comfortable including underwear, swimwear and accessories.

0345 460 1910

www.white-rosecollection.co.uk

● General information about cancer

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments.

0808 800 4040

www.cancerresearchuk.org

HealthTalkOnline

Website with videos in which patients share their experiences of cancer.

www.healthtalk.org

Macmillan Cancer Support

Provides information on all aspects of cancer and its treatments including medical, practical and financial issues.

0808 808 0000

www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others.

www.community.macmillan.org.uk

NHS

www.nhs.uk

● Local support groups

For details of local support groups, look at the 'In your area' section of the Macmillan Cancer Support website:

www.macmillan.org.uk

Prostate cancer: Hitchin

01438 285544

Prostate cancer: Northwood

020 3826 2555

● After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

HOPE

A course that helps people who have had cancer to move on with life after treatment. It runs for six weeks, 2½ hours a week. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

For dates and details of courses, contact:

Lynda Jackson Macmillan Centre

020 3826 2555

or

Lister Macmillan Information Centre

01438 284657