

How to contact us

The best way to contact us is by telephone on:

020 3826 2402/2398

If we are not available, please leave us a message on our voicemail and we will return your call as soon as we are able. Please note: this is not an emergency number.

We can also be contacted by email:
macsw.enh-tr@nhs.net

Our normal working hours are:

Monday – Thursday: 8.45am – 3.45pm

Friday: 8.45am – 3.15pm

excluding bank holidays

If you are an inpatient, please ask one of the members of staff to call us and we will come and see you on the ward.

If you need emergency medical advice at night, weekends or public holidays, please contact the **24 hr Acute Oncology Service** on: **07825 028855**

Please note: When you start your treatment, potential side effects will be explained to you. If you are having chemotherapy and show signs of an infection, ie, serious cough, breathlessness and/or raised temperature, you should call the 24 hr Acute Oncology Service directly.

Getting more support and information

Visit or call the Lynda Jackson Macmillan Centre at Mount Vernon Cancer Centre.

The centre is staffed by healthcare professionals and specially trained volunteers who are able to provide support and information on all aspects of cancer and its treatments.

- Drop-in centre
- Telephone Helpline
- Benefits advice
- Pre-treatment visits
- Complementary therapies
- Relaxation classes
- Counselling

Opening hours

Monday - Friday: 9.30am–4.30pm

The Lynda Jackson Macmillan Centre is situated between the Cancer Centre and Gate 3 (White Hill)

Telephone Helpline: **020 3826 2555**

Website: **www.ljmc.org**



**Mount Vernon
Cancer Centre**

Northwood, Middlesex HA6 2RN
020 3826 2020

Introducing the Macmillan Social Work Team at Mount Vernon Cancer Centre

Sue Leo

Macmillan Social Work Assistant

Lorraine Gardner

Macmillan Social Work Assistant

As you are having treatment at Mount Vernon Cancer Centre, we would like to introduce ourselves to you and explain how we may be able to help you throughout your time with us.

We are happy to meet you and your family at any time throughout your treatment.

We are able to help with your care needs and emotional support.

Having treatment for cancer can be a confusing and worrying time for you and your family and it is our role to help reduce the stress and anxiety that you may be experiencing.

If you would like to meet with a member of the Macmillan Social Work team, please do not hesitate to get in touch:

Telephone: **020 3826 2402/2398**

Email: **macsw.enh-tr@nhs.net**

Some of the ways in which we may help you include:

- Offer practical and emotional support
- Provide you with written information
- Liaise with the multi-professional team caring for you
- Arrange packages of care
- Act as an advocate on your behalf
- Offer support and signpost you to appropriate services
- Advise you and help you to apply for welfare benefits, eg, Attendance Allowance, Personal Independence Payments etc
- Liaise with and refer you to:
 - Social Services departments
 - Continuing Health Care
 - Statutory and voluntary agencies
 - District nurses
 - Community and Macmillan site-specific Clinical Nurse Specialist
 - Occupational and physiotherapist

Support groups

Support groups are self-help groups for people affected by cancer to share feelings and gain mutual support.

They offer a range of services, such as meetings, telephone helplines, home visiting, information and practical help. Some have access to complementary therapists or provide information about therapies.

You can obtain a list of local groups from the Lynda Jackson Macmillan Centre (see overleaf for details).