

## How to contact me

The best way to contact me is by telephone on: 020 3826 2095 (office) or 07825 934217 (mobile)

If I am not available, please leave a message on my voicemail and I will return your call as soon as I can. Please note: this is not an emergency number and I am not able to deal with appointment related queries.

My normal working hours are:

**Monday–Friday: 8.00am–4.00pm**

If you need emergency medical advice at any time of the day, weekends and public holidays included, please contact the **24 hr Acute Oncology Service (AOS)** on **07825 028855**.

For general enquiries and appointments, please call the MVCC Contact Centre tel: 0333 332 5470 or email our secretary: mvccskinsec.enh-tr@nhs.net

You can contact the Outpatients Pharmacy on 0203 826 2505 if you are expecting medication to be delivered to you or to arrange a collection.

**Please note:** If you develop any side effects (diarrhoea, skin rash, fatigue, temperature etc) as a potential result of your treatment, please contact AOS immediately and do not wait for me to return your call. When reporting side effects you must act swiftly and through the right channel for your own safety. Feel free to contact me after notifying AOS.

## Getting more support and information

Visit or call the Lynda Jackson Centre at Mount Vernon Cancer Centre.

The centre is staffed by healthcare professionals and specially trained volunteers who are able to provide support and information on all aspects of cancer and its treatments.

- Drop-in centre
- Telephone Helpline
- Benefits advice
- Pre-treatment visits
- Complementary therapies
- Relaxation classes
- Counselling

### Opening hours

Monday–Friday: 9.30am–4.30pm

The Lynda Jackson Centre is situated between the Cancer Centre and Gate 3 (White Hill)

Telephone Helpline: **020 3826 2555**

Website: **[www.ljmc.org](http://www.ljmc.org)**

# Introducing your Clinical Nurse Specialist:

## Naomi Vacca

Macmillan Clinical Nurse Specialist  
for Skin Cancers

As you are starting treatment at Mount Vernon Cancer Centre, I would like to introduce myself to you and explain how I may be able to help you throughout your time in our care.

My name is **Naomi Vacca**. I am the Clinical Nurse Specialist with responsibility for patients with skin cancers.

My role is to be a key point of contact for you here at the Cancer Centre. I will be involved in the co-ordination and organisation of your individual treatment programme and work closely with other members of your treatment team.

Starting treatment for cancer can be a confusing and worrying time for you and your family and it is my role to help reduce the stress and anxiety that you may be experiencing.

I will usually try to meet you at one of your first appointments at the Mount Vernon Cancer Centre. If you are staying in the hospital overnight, please ask one of the nurses to contact me and I will try to visit you on the ward.

Some of the ways in which I may help you include:

- Explain your diagnosis
- Explain your test results and treatment options
- Provide you with written information
- Assess and advise you if you are concerned about any side effects of treatment
- Assist you and your family to manage your health at home both during and after your treatment
- Explain current research and information from websites and the media
- Offer support and signpost you to appropriate services, eg, counselling
- Advise you on how to apply for financial welfare benefits
- Liaise with the multi-disciplinary team (MDT) treating you
- Liaise with your GP and/or local hospital as appropriate

## Support groups

Support groups are self-help groups for people affected by cancer to share feelings and gain mutual support.

They offer a range of services, such as meetings, telephone helplines, drop-in centres, home visiting, information and practical help. Some have complementary therapists or provide information about therapies.

You can obtain a list of local groups from the Lynda Jackson Centre (see overleaf for details).

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**We have a number of activities at MVCC** designed to support our patient's health and wellbeing before, during and after treatment.

Some run on site, some are offered virtually or by phone and some are available to friends and family members.

The programme is published each month and is available to view using this QR code or at:-



[https://ljmc.org/health\\_wellbeing](https://ljmc.org/health_wellbeing)