



Complementary Therapy Network

Since the Lynda Jackson Macmillan Centre (LJMC) opened in 1993 we have established a wide network of professionally registered and experienced therapists who are interested in using their skills to work with people affected by cancer. These therapists have undertaken further training with us in cancer care.

Many patients have already benefited from the complementary therapy provided at the LJMC or on the wards. We hope by providing this list, that we will encourage people affected by cancer to contact local therapists and enjoy the benefits of complementary therapy.

In order to be part of our network, therapists will:

- have complementary therapy qualifications, recognised by their relevant governing bodies
- be registered with their relevant professional bodies (checked annually)
- have up-to-date professional indemnity insurance (checked annually)
- have been practising their therapy for at least one year after qualification
- have undertaken training with the LJMC on cancer treatments, side-effects, and psychological effects on people affected by cancer

Each therapist has provided his/her own details for this factsheet and each will have their own set of charges. Some may offer a sliding scale, depending on clients' means.

Some therapists may carry out home visits. Please ask them.

Your therapist will be happy to show you their professional body and insurance certificates, should you wish to see them.

Please be aware that inclusion in this list does not imply or suggest a recommendation by the LJMC.

If you have any questions or would like further information about any of the therapies mentioned in this list, please contact our Complementary Therapy Co-ordinator on 020 3826 2553.

Disclaimer: To be listed here is not proof of professionalism or that the therapist is competent.

The LJMC cannot be held responsible for any damage, injury or loss caused as the result of any therapy, advice or treatment given by any practitioner listed on these pages.



BEDFORDSHIRE							
NAME	AREA COVERED	Contact	AR	MAS	REF	REI	OTHER
GRIBBEN, Debbie	Stotfold and surrounding area	07815 934731 hello@yourinnerpeace.uk.com	•	•	•	•	FR, IHM
SCHOPP, Eilish	Dunstable and surrounding area	07954 429580			•		
SMITH, Gwen Ruby	Harpenden, Dunstable, Luton, Radlett	07940 814094		•			

BERKSHIRE							
NAME	AREA COVERED	Contact	AR	MAS	REF	REI	OTHER
JACOB, Keith	Windsor (10 mile radius)	07707 105653 keithreiki@gmail.com				•	
STUBBS, Jane	Maidenhead (10 mile radius)	07984 852931 msjestubbs@aol.com	•	•	•	•	

BUCKINGHAMSHIRE							
NAME	AREA COVERED	Contact	AR	MAS	REF	REI	OTHER
ANDREWS, Lorna	Amersham, Chesham & Beaconsfield	01494 433851 alt_therapy_lorna@me.com				•	
HARRIS, Julie	Denham	07934 005711 julieharris0209@gmail.com			•		
THORPE, Pam	Amersham & the Chalfonts	07766 341864 pamthorpe@ntlworld.com				•	SHI, Qi

HERTFORDSHIRE							
NAME	AREA COVERED	Contact	AR	MAS	REF	REI	OTHER
ASBACH, Meike	Chipperfield, Sarratt, Bovingdon, The Langleys	07783 359145 zeasy-wellness@outlook.com		•			
BOISSON, Herve	Watford, Rickmansworth	03333 031064 hb@northwood-holistic.healthcare		•			HYN, NT
BROEKHOFF, Maria	Watford	07976 797063			•		IHM
CHASE, June	Abbots Langley, Watford, Kings Langley	07807 772796	•	•		•	IHM
GRIBBEN, Debbie	North Hertfordshire	07815 934731 hello@yourinnerpeace.uk.com	•	•	•	•	FR, IHM
HALLS, Christine	Stevenage & surrounding area	07967 879645 christinehalls@btinternet.com	•		•	•	IHM
HANNAM, Lynda	Rickmansworth	07986 264430 lyndah444@hotmail.com	•			•	EFT
HINDS, Patricia	Hatfield, Hertford, St Albans & surrounding area	07852 319233 patricia@reflextherapy.net		•	•	•	

HERTFORDSHIRE							
NAME	AREA COVERED	Contact	AR	MAS	REF	REI	OTHER
HOLLY, Emma	Harpenden	07814 296701 emma.holly@restoretherapy.co.uk					ScarT
HURLEY, Mary	Watford	01923 240793					ACU
JACOBS, Pip	Rickmansworth	01923 494396	•		•		ScarT
KIRBY, Annie	Watford, Radlett, St Albans	01923 353342 anniekirby@outlook.com	•		•	•	NT
KYDD, Holly	Hatfield and surrounding area	07989 379661 hollykydd@outlook.com			•		FR
LAI, Lily (On maternity leave until Feb 2020)	Apsley, Hemel Hempstead	07815 885947 info@acupunctureandherbs.co.uk					ACU, CHM, A, CU, ScarT
OBREGON, Patricia	Stevenage	07742 128021 01438 229927 p.obregon1@ntlworld.com	•		•	•	RL, PT
PRESTON, Jill	Hertford, Ware, Welwyn Garden City, Hoddesdon, Cheshunt, Stevenage	07825 634779 jill.preston@icloud.com		•	•	•	IHM
RICHARDSON, Julia	Chorleywood, Rickmansworth	07787 160830 jh.richardson@hotmail.co.uk					PIL
SWIEZYNSKA, Marta	Moor Park, Rickmansworth	07908 991127 marta@theyogaproject.co.uk		•		•	Yoga, M, RL
THORPE, Pam	Chorleywood, Watford & surrounding area	07766 341864 pamthorpe@ntlworld.com				•	SHI, Qi
WORDSWORTH, Linda	Watford and surrounding area	01923 662843 lw2of6@gmail.com			•		

MIDDLESEX							
NAME	AREA COVERED	Contact	AR	MAS	REF	REI	OTHER
BHANDARI, Sangeeta	Hillingdon, Northwood, Pinner & surrounding area	07391 664791 saas.bhandari@gmail.com					M, MI, Yoga
BOISSON, Herve	Northwood, Watford & surrounding area	03333 031064 hb@northwood-holistic.healthcare		•			HYN, NT
BUDHWANI, Rukshana	Stanmore, Edgware, Harrow, Bushey	07956 375712 ruks60@hotmail.com				•	
CHEEK, Kyong-sook	Northwood & surrounding area	01923 450385 kscheek@aol.com				•	
DEE, Joanne	Pinner & surrounding area	07872 985155 joanne.dee@hotmail.co.uk			•		
DEGUN, Tarsem	Ruislip & surrounding area	07979 852425			•		E ACU, IHM
de VALOIS, Beverley	Uxbridge	07791 913624 info@womens-clinic.co.uk					ACU, ScarT

MIDDLESEX							
NAME	AREA COVERED	Contact	AR	MAS	REF	REI	OTHER
FAWAD, Lidia	Harrow, Willesden Green	07714 274475 lidiafawad@gmail.com	•	•	•	•	ScarT, SH, MLD
GARRETT, Tonia	Ruislip, Eastcote, Northwood, Pinner, Hillingdon, Uxbridge, Harefield, Harrow	07958 338990 mail@toniagarrett-therapy. com	•	•		•	IHM, C, SH, EFT
GOREEBA, Kavita	Uxbridge, Hillingdon	07950 119847 www.kgdass@hotmail.com		•		•	M
HARRIS, Julie	Denham	07934 005711 julieharris0209@gmail.com			•		
HUNTER, Christine	Hillingdon	07774 273788 christinehuntermbe@gmail. com	•	•			ACU, IHM
KAHRS, Adriana	Northwood, Pinner, Ruislip, Eastcote, Uxbridge, Hillingdon	01895 473359 contact@healforyou.co.uk		•	•		
LOVE, Sara	Ealing	07900 126033 reflexologystudio@outlook. com			•		
PUGSLEY, Maureen	Northwood	07961 113870 admin@upbeatclassical.co.uk				•	IHM
RALSTON, Amy Louise	Northwood & surrounding area	01923 827833 amyralston@mac.com					ACU, ZB, HO, ST
RICHARDSON, Julia	Northwood & surrounding area	07787 160830 jh.richardson@hotmail.co.uk					PIL
STEVENS, Michele	Hayes, Uxbridge, Ruislip, Hillingdon	07811 253827 wellnessbymichele@hotmail. com		•	•		CMT
SWIEZYNSKA, Marta	Northwood, Pinner	07908 991127 marta@theyogaproject.co.uk		•		•	Yoga, M, RL, TM
TRILL, Jeanne	Ruislip, Eastcote, Northwood	01895 621745 jeanne.trill@btinternet.com					HM
VAUGHAN-BINGHAM, Deanna	Hillingdon, Denham, Northolt & surrounding area	07766 045393 deannapaulette@gmail.com	•	•	•	•	IHM

Key to the therapies listed

KEY	THERAPY
A	Acupressure
ACU	Acupuncture
AR	Aromatherapy
C	Counselling
CHM	Chinese Herbal Medicine
CMT	Colour Mirror Therapy
CU	Cupping
E ACU	Ear Acupuncture
EFT	Emotional Freedom Technique
FR	Facial Reflexology
HM	Herbal Medicine
HO	Homœopathy
HYN	Hypnotherapy
IHM	Indian Head Massage
L.MAS	Lymphatic Massage
MAS	Massage
M	Meditation

KEY	THERAPY
MI	Mindfulness
MLD	Manual Lymphatic Drainage
NT	Nutritional Therapy
PIL	Pilates
PT	Pranic Therapy
Qi	Qi Gong
REF	Reflexology
REI	Reiki
RL	Relaxation
ScarT	ScarTherapy Massage
SH	Spiritual Healing
SHI	Shiatsu
ST	Scenar Therapy
TM	Thai Massage
Yoga	Yoga
ZB	Zero Balancing