



Helpful contacts: Haematological cancer

This leaflet is for patients with haematological cancer and provides details of organisations you may find helpful.

For **information and support**, visit or call:

Lynda Jackson Macmillan Centre

Mount Vernon Cancer Centre
Mon–Fri: 9.30am–4.30pm
Telephone: **020 3826 2555**

For details of other local support centres, visit:
www.ljmc.org/information/support-centres

For **urgent advice** about treatment and side effects, call:

Mount Vernon Cancer Centre (MVCC)
24hr Emergency Advice Line: **07825 028855**

For **appointment and other enquiries** call:
0333 332 5470

● Information about haematological cancer

Blood Cancer UK

Support and information for anyone affected by blood cancer.
Tel: 0808 208 0888
www.bloodcancer.org.uk

Leukaemia Care

Support, advice and information for anyone affected by leukaemia.
Tel: 0808 801 0444
www.leukaemiacare.org.uk

Lymphoma Action

Support and information for people with lymphoma, includes support groups, forums and buddy support.
Tel: 0808 808 5555
www.lymphoma-action.org.uk

Myeloma UK

Support, information and advice for patients and carers following a diagnosis.
Tel: 0800 980 3332
www.myeloma.org.uk

● Relevant organisations

African Caribbean Leukaemia Trust

Promotes registration of stem cell and bone marrow donors from all ethnicities, particularly from African and Caribbean communities.
Tel: 020 3757 7700
www.aclt.org

Anthony Nolan

Finds matches for patients who need a bone marrow transplant from a donor; recruits volunteers to join the donor register.
www.anthonynolan.org

● Local support groups

For details of local support groups, look at the 'In your area' section of the Macmillan Cancer Support website:
www.macmillan.org.uk

● General information about cancer

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments.

Tel: 0300 123 1022

www.cancerresearchuk.org

HealthTalk

Website with videos in which patients share their experiences of cancer.

www.healthtalk.org

Macmillan Cancer Support

Provides information on all aspects of cancer and its treatments including medical, practical and financial issues.

Tel: 0808 808 0000

www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others.

community.macmillan.org.uk

NHS website

www.nhs.uk

● After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

HOPE

A course that helps people who have had cancer to move on with life after treatment. It runs for six weeks, 2½ hours a week. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

For dates and details of courses, contact:

Lynda Jackson Macmillan Centre

020 3826 2555