



Gastrointestinal cancer

This leaflet is for patients with gastrointestinal cancer and provides details of organisations you may find helpful.

For information and support:

Lynda Jackson Macmillan Centre

Mount Vernon Cancer Centre
Mon – Fri: 9.30am – 4.30pm
Telephone: **020 3826 2555**

Lister Macmillan Information Centre

Lister Hospital, Stevenage
Mon – Fri: 10.00am – 4.00pm
Telephone: **01438 284657**

For urgent advice about treatment and side effects:

Call the centre where you are receiving treatment:

Mount Vernon Cancer Centre (MVCC)

24hr Emergency Advice Line: **07825 028855**

Lister Hospital

Mon-Fri 9.00am-5.00pm: **07827 823509**
At other times, call the MVCC number above

For appointment enquiries, contact your consultant's secretary

● Bowel cancer

Bowel Cancer UK

Tel: 020 7940 1760
www.bowelcanceruk.org.uk

Bladder & Bowel Community

Tel: 01926 357220
www.bladderandbowel.org

● Cancer of unknown primary (CUP)

Jo's Friends (Cancer of Unknown Primary Foundation)
cupfoundjo.org

● GIST

GIST Support UK

Tel: 0300 400 0000
www.gistsupportuk.com/

● Oesophageal cancer

Barrett's Oesophagus Campaign

www.barrettscampaign.org.uk

Ochre

Tel: 0800 822 3370
www.ochrecharity.org.uk

Oesophageal Patients Association

Tel: 0121 704 9860
www.opa.org.uk

● Pancreas cancer

Pancreatic Cancer UK

Tel: 0808 801 0707
www.pancreaticcancer.org.uk

● Sarcoma

Sarcoma UK

Tel: 0808 801 0401
www.sarcoma.org.uk

● Relevant organisations

Colostomy Association

Offers support, reassurance and practical information to anyone who may be about to have, or already has, a stoma.
Tel: 0800 328 4257
www.colostomyuk.org

Guts UK

Provides information for patients and families.
www.gutscharity.org.uk

Hollister Ltd

Provides products for ostomy care and continence care.
Tel: 0800 521377
www.hollister.co.uk

Ileostomy & Internal Pouch Association

Provides support and information.
Also offers visiting service.
Tel: 0800 018 4724
www.iasupport.org

My New Hair

Provides provide help, advice and support to people living with the effects of medical hair loss
www.mynewhair.org

White Rose Collection Ltd

Useful products to make life with a stoma more comfortable including underwear, swimwear and accessories.
Tel: 0345 460 1910
www.white-rosecollection.co.uk

● General information about cancer

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments.
Tel: 0808 800 4040
www.cancerresearchuk.org

HealthTalkOnline

Website with videos in which patients share their experiences of cancer.
www.healthtalk.org

Macmillan Cancer Support

Provides information on all aspects of cancer and its treatments including medical, practical and financial issues.
Tel: 0808 808 0000
www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others.
www.community.macmillan.org.uk

NHS Website

www.nhs.uk

● After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

HOPE

A course that helps people who have had cancer to move on with life after treatment. It runs for six weeks, 2½ hours a week. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

For dates and details of courses, contact:

Lynda Jackson Macmillan Centre

020 3826 2555

or

Lister Macmillan Information Centre

01438 284657