



Brain tumour

This leaflet is for patients with a brain tumour and provides details of organisations you may find helpful.

For information and support:

Lynda Jackson Macmillan Centre

Mount Vernon Cancer Centre
Mon – Fri: 9.30am – 4.30pm
Telephone: **020 3826 2555**

Lister Macmillan Information Centre

Lister Hospital, Stevenage
Mon – Fri: 10.00am – 4.00pm
Telephone: **01438 284657**

For urgent advice about treatment and side effects:

Call the centre where you are receiving treatment:

Mount Vernon Cancer Centre (MVCC)

24hr Emergency Advice Line: **07825 028855**

Lister Hospital

Mon - Fri: 9.00am-5.00pm: **07827 823509**

At other times, call the MVCC number above

For appointment enquiries, contact your consultant's secretary

● Information about brain tumours

Brain & Spine Foundation

Tel: 0808 808 1000
www.brainandspine.org.uk

Brain Tumour Charity

Tel: 0808 800 0004
www.thebraintumourcharity.org

Brainstrust

Tel: 01983 292405
brainstrust.org.uk

● Relevant organisations

Epilepsy Action

Tel: 0808 800 5050
epilepsy.org.uk

Headway - the brain injury association

Tel: 0808 800 2244
www.headway.org.uk

Stroke Association

Supports and empowers people with aphasia
Tel: 0303 303 3100
www.stroke.org.uk

● Local support groups

For details of local support groups, look at the 'In your area' section of the Macmillan Cancer Support website:
www.macmillan.org.uk

● General information about cancer

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments.
0808 800 4040
www.cancerresearchuk.org

HealthTalkOnline

Website with videos in which patients share their experiences of cancer.
www.healthtalk.org

Macmillan Cancer Support

Provides information on all aspects of cancer and its treatments including medical, practical and financial issues.
0808 808 0000
www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others.
www.community.macmillan.org.uk

NHS Website

www.nhs.uk

● After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment.

It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

HOPE

A course that helps people who have had cancer to move on with life after treatment.

It runs for six weeks, 2½ hours a week. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

Time & Space

This is a 3-hour workshop for people who are caring for someone who has cancer.

It provides a safe and supportive place for you to reflect and learn practical and emotional skills to help in your caring role.

For dates and details of courses, contact:

Lynda Jackson Macmillan Centre

020 3826 2555

or

Lister Macmillan Information Centre

01438 284657