East and North Hertfordshire



Helpful contacts: Lung cancer

This leaflet is for patients with lung cancer and provides details of organisations you may find helpful.

For information and support, visit or call:

Lynda Jackson Macmillan Centre

Mount Vernon Cancer Centre Mon–Fri: 9.30am–4.30pm

Telephone: **020 3826 2555**

For details of other local support centres, visit: www.ljmc.org/information/support-centres

Information about lung cancer

Asthma + Lung UK

0300 222 5800 www.asthmaandlung.org.uk

Mesothelioma UK

0800 169 2409 www.mesothelioma.uk.com

Roy Castle Lung Cancer Foundation

0333 323 7200 www.roycastle.org

ALK Positive Lung Cancer UK

Information about ALK-positive lung cancer www.alkpositive.org.uk

EGFR Positive UK

Information and support for people with EGFR-mutated lung cancer www.egfrpositive.org.uk

The ROS1 ders

Information for people with ROS1 cancer www.theros1ders.org

For **urgent advice** about treatment and side effects, call:

Mount Vernon Cancer Centre (MVCC) 24hr Emergency Advice Line: 07825 028855

For **appointment and other enquiries** call: **0333 332 5470**

Relevant organisations

Ruth Strauss Foundation

Support and resources to help families prepare for grief, death and dying www.ruthstraussfoundation.com

Stopping smoking

Smokefree

Expert advice and encouragement from specialist advisers. www.nhs.uk/smokefree

Local support groups

For details of local support groups, look at the 'In your area' section of the Macmillan Cancer Support website: www.macmillan.org.uk

Letchworth

Lung Cancer Patient Support Group 07990 566190



General information about cancer

Cancer Research UK

Funds research into cancer. Provides information on cancer and its treatments. 0808 800 4040 www.cancerresearchuk.org

HealthTalk

Website with videos in which patients share their experiences of cancer. www.healthtalk.org

Macmillan Cancer Support

Provides information on all aspects of cancer and its treatments including medical, practical and financial issues. 0808 808 0000 www.macmillan.org.uk

Macmillan Online Community

Anonymous, free network of people affected by cancer. Join and get support from others. community.macmillan.org.uk

NHS website

www.nhs.uk

After treatment

Take Control

This is a 3-hour workshop for cancer patients who have finished, or are just about to finish treatment. It focuses on practical and emotional skills, self-management techniques and coping strategies to help you move forward and 'take control' of life after treatment has finished.

HOPE

A course that helps people who have had cancer to move on with life after treatment. It runs for six weeks, $2\frac{1}{2}$ hours a week. The course aims to enable people to cope emotionally, psychologically and practically by focusing on building on their existing strengths.

For dates and details of courses, contact: Lynda Jackson Macmillan Centre 020 3826 2555

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This publication has been produced by the Information team at Mount Vernon Cancer Centre. Contributors include professionals, patients and carers who have expertise and experience in the topics covered by this publication. All our publications are reviewed and updated regularly. Lynda Jackson Macmillan Centre If you would like any details of the references used to write this information please contact the Information team on 020 3826 2555.