



**Lung Cancer**

This leaflet has been written for patients with lung cancer.

There is a range of information available on cancer and its treatments. The aim of this leaflet is to give you sources of reliable information that will be helpful.

If you have any questions about your cancer, please do not hesitate to contact the **Lynda Jackson Macmillan Centre** at Mount Vernon Cancer Centre. The Drop-in centre and Telephone Helpline are open:

Monday - Friday: 9.30am - 1pm & 2pm - 4.30pm  
Helpline: **01923 844014**

Your Specialist Nurse is:

**Julie Munson**

01923 844044

Other sources of information:

NHS Choices:

[www.nhs.uk](http://www.nhs.uk)

Lynda Jackson Macmillan Centre

[www.ljmc.org](http://www.ljmc.org)

List of local support and information services: ask for a copy of LJMC leaflet HHC200

List of local support groups:

ask for a copy of LJMC leaflet HHC243

<b>British Lung Foundation</b> 73-75 Goswell Road London EC1V 7ER	Provides information on various aspects of lung disease, and a newsletter. 120 Support groups. Respiratory nurses available on helpline. Benefits advice offered. Call for details of local contacts.	Helpline: 0845 850 5020 Office: 0207 688 5555 <a href="http://www.lunguk.org">www.lunguk.org</a> e: <a href="mailto:info@blf-uk.org">info@blf-uk.org</a>
<b>Mesothelioma UK</b> Glenfield Hospital Groby Rd, Leicester LE3 9QP	Provides information for mesothelioma patients and carers via helpline. Information on treatment, support services, support groups and financial help.	Helpline: 0800 169 2409 Mon-Fri 8.30am-4.30pm <a href="http://www.mesothelioma.uk.com">www.mesothelioma.uk.com</a> e: <a href="mailto:mesothelioma.ukcharity@uhl-tr.nhs.uk">mesothelioma.ukcharity@uhl-tr.nhs.uk</a>
<b>Roy Castle Lung Foundation</b> Rothsay House, 134 Douglas Street Glasgow G2 4HF	Supports lung cancer research and provides information and support groups for patients. Meetings at various locations all over U.K.	Helpline: 0800 358 7200 Mon-Fri 9am-5pm <a href="http://www.roycastle.org">www.roycastle.org</a> e: <a href="mailto:info@roycastle.org">info@roycastle.org</a>

**Helpline and support for Smokers:**

<b>NHS Smoking Helpline</b> <a href="http://www.gosmokefree.co.uk">www.gosmokefree.co.uk</a>	Information and support for smokers who wish to give up smoking. Appropriate literature available.	0800 022 4332 Mon-Fri 9am-8pm Sat-Sun 11am-5pm <a href="http://www.gosmokefree.nhs.uk">www.gosmokefree.nhs.uk</a>
<b>QUIT</b> <a href="http://www.quit.org.uk">www.quit.org.uk</a>  Asian quitlines (all available 1pm-9pm)	Help & advice on giving up smoking.  Bengali           0800 002244 (Monday) Gujarati         0800 002255 (Tuesday) Hindi             0800 002266 (Wednesday) Punjabi         0800 002277 (Thursday) Urdu             0800 002288 (Sunday) Turkish/Kurdish 0800 002299 (Thurs and Sun)	Quit line: 0800 0022 00 Mon-Fri 9am - 8pm Sat-Sun 10am-6pm <a href="http://www.quit.org.uk">www.quit.org.uk</a> e: <a href="mailto:stopsmoking@quit.org.uk">stopsmoking@quit.org.uk</a>

We understand that having treatment is a stressful time and is especially hard if you are trying to give up smoking. If you wish to give up smoking, please feel free to ask your specialist nurse for advice.

