



Laryngeal Cancer

This leaflet has been written for patients with cancer of the larynx.

There is a range of information available on cancer and its treatments. The aim of this leaflet is to give you sources of reliable information that will be helpful.

If you have any questions about your cancer, please do not hesitate to contact the **Lynda Jackson Macmillan Centre** at Mount Vernon Cancer Centre. The Drop-in centre and Telephone Helpline are open:

Monday - Friday: 9.30am - 1pm & 2pm - 4.30pm
Helpline: **01923 844014**

Your Specialist Nurses are:

Sandra Jackson 01923 844078
Audrey Scott 01923 844078

Other sources of information:

NHS Choices: www.nhs.uk
Lynda Jackson Macmillan Centre www.ljmc.org

List of local support and information services:
ask for a copy of LJMC leaflet HHC200

List of local support groups:
ask for a copy of LJMC leaflet HHC243

Head and Neck Cancer Support Group Mount Vernon Hospital, Northwood Middlesex HA6 2RN	Hospital-based support group for those affected by Head and Neck cancer.	Meet 2nd Tuesday of the month - drop in 4.00pm - 6.00pm Tel: Sandra Jackson: 01923 844078 Or: LJMC: 01923 844014
National Association of Laryngectomee Clubs Lower Ground Floor, 152 Buckingham Palace Rd Victoria SW1W 9TR	100 nationwide clubs, offering a range of services to patients who have undergone laryngectomy operations (& their families). Provides social support and pre / post operative patient visits. Contact them for details of a club near you.	Tel: 020 7730 8585 Mon - Fri 9am - 4pm fax: 020 7730 8584 www.laryngectomy.org.uk
Chiltern Chatterbox Club Speech Therapy Dept Amersham Hospital Amersham Bucks HP7 0JD	Hospital-based support group for those affected by laryngectomy. For patients & close relatives living in Bucks (excl Milton Keynes). Speech therapists available. Home & hospital visits for new laryngectomees by arrangement. Patient-to-patient contact.	01494 734415 (answerphone) Mon - Fri 9am - 5pm 6 meetings a year.
New Speakers Club Speech & Language Dept Lister Hospital L44, Corey's Mill Lane, Stevenage SG1 4AB	Provides professional advice, hospital/home links, social events and group meetings for people with laryngectomees, who live within the East & North areas of Hertfordshire. Monthly meetings.	Speech & Language Dept tel: 01438 781840 ask for New Speakers Club.
Cancer Laryngectomee Trust PO Box 618 Halifax West Yorkshire HX3 8WX	National charity for laryngectomy patients & their families. Provides information & support. Contact them for further details. Book - Laryngectomy is not a Tragedy - free to patients & professionals	Tel/Fax: 01422 205522 www.cancerlt.org email: info@cancerlt.org
NHS Smoking Helpline	Information and support for smokers who wish to give up smoking. Appropriate literature available. Can refer patients to local drop-in clinics.	0800 022 4332 Mon-Fri 9am-8pm Sat-Sun 11am-5pm www.gosmokefree.nhs.uk



QUIT Asian quitlines (All available 1pm-9pm)	Help & advice on giving up smoking: Bengali 0800 002244 (Monday) Gujarati 0800 002255 (Tuesday) Hindi 0800 002266 (Wednesday) Punjabi 0800 002277 (Thursday) Urdu 0800 002288 (Sunday) Turkish/Kurdish 0800 002299 (Thurs and Sun)	Quit line: 0800 0022 00 Mon-Fri 9am - 8pm Sat-Sun 10am-6pm www.quit.org.uk e: stopsmoking@quit.org.uk
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